



## Adoption Rhode Island Behavioral Health and Wellness

### What We Do

The Behavioral Health and Wellness Department serves children, youth, adults, and families of all ages to help them heal and thrive. We provide a range of trauma-informed, evidenced-based, and permanency-competent clinical and supportive services and interventions as well as expert consultation services on a range of issues for youth, families, and child welfare professionals.

### How We Do It

We promote and support individual growth and development as well as strong family connections and stability by providing tools to maintain healthy relationships and open lines of communication.

Services are provided in the home, at the agency or in the community. Individual, family and group counseling include:

- Family stabilization and preservation
- Parent education
- Support groups
- Kinship workshops
- Case management
- Advocacy
- Enrichment activities

### Our Qualifications

Clinicians are trained in evidence-based and evidence-informed models.

We deliver individualized services and best practices with a commitment to honoring identity, diversity, belonging and lived experience.



DCYF is one of the funders making ARI's Behavioral Health and Wellness programs possible.

### Why We Do It

We recognize that helping children heal from trauma can be both rewarding and challenging. We support and celebrate youth and families along the way. We receive consistent high satisfaction rates from clients and families served.

### Testimonials



*"Thank you for supporting our family through such a hard time. We have come to look forward to our time at Adoption Rhode Island, which allows us to feel **seen and heard**."*

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*"Preserving Families has allowed us as parents to learn and understand some key aspects of trauma that we did not understand. This knowledge and Preserving Families group has allowed us an opportunity to learn and implement in the moment the knowledge we have learned and that has been immensely helpful."*



### For More Information

Please contact our Behavioral Health and Wellness team at: [supportinfo@adoptionri.org](mailto:supportinfo@adoptionri.org); 401-865-6000 Ext: 310



290 West Exchange Street, Suite 100 • Providence, RI 02903 • Tel: 401-865-6000