CHILD AND FAMILY SUPPORT TEAM
Wendy Sousa, LICSW - - Program Manager

CLINICIANS

Catherine Allard, LMHC

Esther Robbins, LCSW

Adrina Riggins, MA, CAGS

Angelica Spirito, LMHC

Jan Roy, LICSW

Stephanie Pezzone, MA

PRESERVING FAMILIES CASE WORKER

Angela Gomes, BSW

MISSION

Adoption Rhode Island's mission is to create safety, belonging and permanency for adopted and foster children, vulnerable youth, and families through compassionate services, advocacy, and education.

"We are grateful to Adoption Rhode Island for their continued support of our family. It is so comforting to know that if a situation arises that we are struggling with, we can reach out to the support team at Adoption Rhode Island at any time and they will help us through whatever it is."

Adoption Rhode Island Guide to Clinical Services

Child and Family Support Program









290 West Exchange St., Suite 100 • Providence RI, 02903 401-865-6000 • AdoptionRI.org Facebook/AdoptionRI • Twitter/AdoptionRI LinkedIn/AdoptionRI • Instagram/AdoptionRI



ADOPTION RHODE ISLAND

Adoption Rhode Island is a private nonprofit organization dedicated to finding families for children in state care and supporting those children and families throughout the adoption process and beyond. We care about all children, youth and families impacted by foster care and adoption.

ADOPT HOPE

All of our staff embrace the Adopt Hope Model which is based on the belief that instilling and maintaining a sense of hope among the children and families that we serve strongly influences positive outcomes which is paramount to long-term success.

CLINICAL SERVICES

Our experienced staff of adoption competent clinicians offer an array of strength-based outpatient and in-home services for children, adults and families who are impacted by foster care and adoption.

- Individual, family and group therapy
- Support groups for parents, children, teens and families
- Office and community-based services

- Lifebooks and ecomaps as tools to promote permanency
- Support for transition-age youth

OTHER SERVICES

- Psychoeducational and support groups
- Expressive and recreational activities for children, youth and families
- Kinship support
- Lending library
- Book discussion groups
- Special events
- Clinical supervision group for adoption professionals and community clinicians
- Internship and volunteer opportunities









OUR CORE VALUES

We believe that adoption is a lifelong process that includes unique feelings and perceptions that at times require specialized support and professional expertise. We recognize the importance of helping children and families clarify past life events, integrate those events into present circumstances and assist them in actualizing a positive future.

SPECIALTY SERVICES

- Prepare children and families for adoption
- Pre and post adoption family preservation and disruption prevention services
- Grief and loss issues and adjustment transitions
- Promoting healthy attachment and understanding the impact of trauma
- Evidence-based trauma treatment including TF-CBT and EMDR
- Open adoption assistance visitation and consultation
- Sibling assessments

COUNSELING BY APPOINTMENT

Flexible day or evening appointments

Contact: Wendy Sousa, LICSW
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Email: wsousa@adoptionri.org

Website: AdoptionRI.org

Address: 290 West Exchange St., Suite 100

Providence, RI 02903

Insurances accepted include United Behavioral Health, Neighborhood Health Plan/Beacon,

Blue Cross Blue Shield and Tufts