

Express Yourself!

A series of therapeutic activities designed for youth impacted by adoption and/or foster care

SPONSORED BY: ADOPTION RHODE ISLAND



JANUARY - JUNE 2018

MONDAY, JAN 22, 5-7 PM -- MODEL MAKING

Join us and make a fire truck, a phone holder or a football game board. You can also paint and decorate your models the way you want.

MONDAY, FEB 26, 5-7 PM -- MARDI GRAS

Lets celebrate Mardi Gras! Come and create your own Mardi Gras mask and get some festive beads. We also will have a traditional King Cake to try.

MARCH 26, 5-7 PM -- SPRINGTIME WREATH MAKING

Spring is in the air and the color is coming back. Come and join use as we learn how to make a beautiful deco mesh wreath for your door.

MONDAY, APRIL 23, 5-7 PM -- SUN CATCHERS

As we continue to celebrate the nicer weather let's capture as much sun as we can. Join us as we create beautiful crystal sun catchers.

MONDAY, MAY 28, 5-7 PM -- KINDNESS STONES

Everyone likes to receive a little kindness every once in a while. Join us and create several different river rock kindness stones to share with others.

MONDAY, JUNE 25, 5-7 PM -- BWANA IGUANA REPTILE ADVENTURE

Learn about the mysterious world of reptiles and amphibians up close and personal! Get your picture taken with one of the visitors as you hold it.

You are invited!!

EXPRESS YOURSELF workshops are open to all youth impacted by adoption and/or foster care. Each month we will be participating in fun activities or creating new and exciting projects. Children will be able to express themselves by adding their own special touch to each project, then take it with them to enjoy!

Workshops are provided free of charge though pre-registration is required. Enrollment in each is limited, participants are registered per workshop on a first-received basis.

To register, contact: Bernie Hicks,
401-270-1301 or email
bhicks@adoptionri.org

All workshops are held at:

Adoption Rhode Island
2 Bradford Street
Providence, RI
401-865-6000

Remember to wear clothing appropriate for each workshop. Please let us know if you have a food allergy.

PARENTS/GUARDIANS NEED TO REMAIN ON SITE DURING THE ENTIRE WORKSHOP.



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JULY - DECEMBER 2018

JULY 23, 2018 - - DANCE ATTITUDES

Join us for some fun with music and dance as you learn some trendy dance steps.

AUGUST 27, 2018 - - TIE DYE COOKOUT

Back by popular demand. . . We will head outdoors for this fun activity. Let's see what colorful creations you can make with tie dye. The sky's the limit.

SEPTEMBER 24, 2018 - - STEPPING STONES

Today we will be making inspirational stepping stones. Bring your creativity and create something beautiful.

OCTOBER 22, 2018 - - AFRICAN TRIBAL MASK

Explore ancient customs and images. Decorate colorful masks in the tradition of African and/or Native American Tribes.

NOVEMBER 26, 2018 - - HOLIDAY CENTERPIECE

Join us to make your very own holiday centerpiece. Using crystal window blocks and lights, along with some holiday decorations, you will create something special to dress up any dinner table.

DECEMBER 10, 2018 -- WAX ART CANDLES

Join us to make your very own granulated wax candle with sand art techniques. When done, you can keep it for yourself or wrap it to give as a gift.

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